

ROSEHIP HEART

You will need: -

- 2 x Floristry wires (0.70 or thicker) 180mm in length for each heart
- Rosehips from wild rose bushes
- Homespun or other fabric for hanging loop
- All purpose glue (e.g. UHU)
- Cinnamon oil
- Pliers

Instructions: -

1. Gather your rosehips when they are bright red. Cut them off just below the hip so you don't get any stalk. You will need some tough scissors - and watch out for the THORNS !!!
2. Thread the fresh rosehips onto two wires and push them up tight, filling the length of the wires. If you have trouble pushing the wire through, try making a hole with a needle first.
3. Now leave the rosehips on the wires in a warm place (e.g. above a radiator) until they are dry. Drying time can be from a few days to a couple of weeks. Check the progress every couple of days. You will notice that the rosehips have gaps between them where they are shrinking, push them up close together every time you see this.
4. When dried, there should be about 1cm or more each end of the wires. If not remove a rosehip until you have a 1cm gap each end.
5. Bend the wires so that they are the shape of one half of a heart. Then using the pliers, twist the top wires together so they sit inside the heart. Twist the bottom wires together so they sit on the outside of the heart. See diagram 1.
6. Cut a strip of fabric 2cm x 40cm to make a hanging loop. Tie it over the twisted wire stub inside the heart. See diagram 2.
7. Put a dab of glue onto the wire stub then push the stub into a spare rosehip, to form the point at the bottom of the heart.
8. Put a couple of drops of cinnamon oil onto the heart if you wish.

Diagram 1

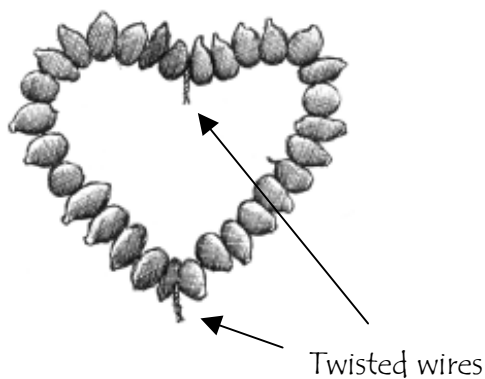


Diagram 2

